



Westgate C.P.  
School

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Headteacher: Mrs Rhonda Kidd

19<sup>th</sup> June 2026

Dear Parent/Carer,

### Hot Weather: Week Commencing 22<sup>nd</sup> June

As you may have read or heard, the daily temperatures for the coming week are predicted to be over 30°C on some days, or close to that on other days. There has been an amber weather warning for the East of England, issued by the UK Health Security Agency (info [here](#)).

We want to keep everyone safe in the hot weather so these are the adjustments we will make in school:

- ❖ Children are invited to wear their PE kits (plain t-shirt and shorts) or light coloured, loose-fitting, cotton clothing to school.
- ❖ PE sessions will be adapted or cancelled so that children do not do strenuous exercise or overheat. If they take place, they will include regular water breaks.
- ❖ At playtime and lunchtime, children will be encouraged to stay in the shade and wear hats and sunscreen.
- ❖ Unlimited access to water bottles and children are encouraged to drink /refill their water bottles regularly (which is part of our normal routine).
- ❖ Whole school and Key Stage assemblies cancelled.
- ❖ Teachers will also look out for children that are struggling, and will adapt and pause the lesson for a break if needed, particularly in the afternoons.
- ❖ Adults will look out for signs of tiredness, heat stress and heatstroke. There are many First Aiders in school that can check children if needed and the Office Team will phone home if there are any concerns.

*Please remember to send your child to school with a **sunhat** and a **water bottle**, and apply **sunscreen** before you head to school. If you wish to send a named bottle of sunscreen in for your child to apply during the day, please ensure they are able to apply it independently and remind them that they cannot share it with other children!*

## **Year 6 – Crucial Crew Tuesday 23<sup>rd</sup> June**

The Year 6 visit to Crucial Crew will still **go ahead**. Although lunch will be eaten outside, the area chosen is in the shade. Water bottles will be refilled before the children leave school and again before they head back to school.

## **Upper Key Stage 2 Quad Kids Tuesday 23<sup>rd</sup> June**

Those children participating in this will be informed on Monday if this is to still go ahead. We will liaise with the organisers to ensure that it is safe for children to be involved in this activity in such high temperatures.

## **School Closure**

**We do not have any plans to close the school or to have early collection arrangements.** The Department for Education does not normally advise schools to close in hot weather, saying, “This is because school attendance is the best way for pupils to learn and reach their potential, and hot weather can usually be managed safely. School leaders should make sure they take any steps necessary to make sure children are safe and comfortable.”

## **Sports Day – Thursday 25<sup>th</sup> June for Key Stage 2 (Years 3 to 6)**

We really do not want to cancel this again, however we will need to monitor the temperatures and consider the safety of all of those involved (children, parents and other adults, younger siblings and staff) and we may need to rearrange. We completely understand that this is inconvenient but do not wish to put anyone at risk. We will let you know whether we will go ahead by Tuesday evening at the latest.

## **Lunches / Menu Change**

As you can imagine, it is quite unbearable in the catering kitchen, which like the rest of school has no air conditioning. They have a number of ovens, hot plates and other equipment that creates a lot of heat. We are therefore supporting our catering staff by limiting the menu choices for our children to cold lunches only. Hot meals will be available again from Monday 29th June.

Useful information about keeping cooler and safe in high temperatures can be found [here](#).

Again, we appreciate that last minute changes are far from ideal, especially if you have booked time off work but we really do not wish to have any child or family member being affected by the heat.

If you have any questions, please do not hesitate to contact the School Office.

Kind regards,

Mrs Rhonda Kidd.

