

SPORTS CAMP

Monday 16 February	Tuesday 17 February	Thursday 19 February	Friday 20 February
<p><u>Football -Skills Workshop</u> 9.00-12.00pm Develop your football Skills in passing, dribbling and shooting</p> <p>OR</p> <p><u>Gymnastics Workshop</u> 9.00-12.00pm Practice and perform gym Routines using gym equipment in a fun and safe environment.</p>  <p>OR</p> <p><u>Multi sports / Indoor Games</u> 9.00-12.00pm Activities to include: Team games Parachute games, Tug of war, Tag Games</p>	<p><u>Skateboarding</u> 9.00-12.00pm Learn how to do basic Skills and Tricks, Fun Challenges and use Ramps. All equipment provided</p>  <p>OR</p> <p><u>Martial Arts Workshop</u> 9.00-12.00pm Learn a range of basic skills and techniques in a safe environment. Including Karate, Self defence, Tai chi and Fitness.</p> 	<p><u>Inflatables/ Multi sports Workshop</u> 9.00-12.00pm Participants will experience fun games and a range of awesome inflatables</p>  	<p><u>Target Games Workshop</u> 9.00-12.00pm Use a range of different target equipment in a fun and safe environment. Activities to include– Axe throwing, Archery, Dodgeball, Nerf guns and Laser tag</p> <p>All equipment provided</p>  
<p><u>Football Challenges & Games</u> 12.30-3.30pm Test your skills in challenges, fun games and small sided matches</p> <p>OR</p> <p><u>Dance Workshop</u> 12.30-3.30pm Practice and perform different dance routines and styles: Hip hop, Street dance and Pop.</p> <p>OR</p> <p><u>Parkour Workshop</u> 12.30-3.30pm Learn how to do different types of vaults, jumps, rolls and climbs in a safe environment using gym mats and equipment.</p> 	<p><u>Skateboard, Scooters, BMX</u> 12.30-3.30pm To include: Races, Ramps, Skills Challenges. All equipment provided</p> <p>OR</p> <p><u>UV Sports</u> 12.30-3.30pm Activities are given a futuristic “TRON” treatment to turn everything neon. Activities to include: UV Parachute games UV Rugby skills UV Dodgeball</p> 	<p><u>Inflatables / Multi sports Workshop</u> 12.30-3.30pm Activities from: Inflatable obstacle course Inflatable dartboard target Bouncy goal Inflatable slide /climbing wall</p>  	<p><u>Target Games Workshop</u> 12.30-3.30pm Build you own bases and test you accuracy at the shooting range</p> <p>Games include Target shooting and Capture the flag</p> <p>All equipment provided</p>  

All sessions are run by trained and qualified staff.

AGES: 5 – 13 Venue: Beyton Campus (IP30 9AA)

16 Feb-20 Feb 2026

£12 per workshop

Thurston Sixth, Beyton Campus, Church Road, Beyton, Suffolk IP30 9AA

Email: whopkinjones@thurstoncollege.org or willhopkinjones@hotmail.com

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Tel: 07734495860 Email: whopkinjones@thurstoncollege.org

Sports Camp

16 Feb –20 Feb 2026

TIME: Am Workshop:9.00-12.00pm / Pm Workshop 12.30-3.30pm (Day 9.00-3.30pm)
AGES: 5 – 13 Venue: Beyton Campus -Thurston Sixth, (IP30 9AA)

COST: £12 per workshop
(If booked for all day please bring own lunch)

Please write below which day/s and times you wish to attend

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Name(s): **D.O.B**
..... **D.O.B**

Address:.....
..... **Postcode:**.....

Tel No:.....**Mobile No:**.....

Emergency Name & No:.....

Email:.....

School

Medical Conditions.....

Parent/Guardians Signature:.....

Please note:

- **Please send applications as soon as possible as places are limited**
- **Lunch is not provided-Please bring packed lunch**
- **It is the parents responsibility to ensure appropriate clothing is worn/and or available for the child for the activity provided and weather conditions.**
- **In the event that we have to cancel a club for any reason, a full refund will be issued to the person who booked.**

Please tick the box if you do not wish your child to be included in group photographs

Please contact me by phone, email or by sending your completed form to make booking and arrange payment.

Mr W Hopkin-Jones
Thurston Sixth, Beyton campus
Drinkstone Road
Beyton
IP30 9AA

