

Physical Education Overview



The role of Physical Education at Westgate C.P. School aims to inspire all children to develop a love of physical activity and sport. Through good physical education, whole school values and a whole child approach, we aim to nurture confident, resilient children who will strive for their personal best. We aim to ensure that our delivery of physical education allows all children to have the skills and mindset to leave primary school with the capabilities to be successful in their sporting challenges and active lifestyles at secondary school and beyond.

We strive to educate both our children and families to develop a greater understanding on how to live a healthy lifestyle and make healthy choices. We are dedicated to ensuring healthy minds, as well as bodies and will continue to support our children's well-being.

Intent	Implementation	Impact
<p>All children are encouraged to:</p> <ul style="list-style-type: none"> ● Take part in a wide range of activities as part of a healthy lifestyle. ● Develop a lifetime love of sport and keeping fit. ● Understand the physical, mental and social benefits that come from an extensive PE provision. ● Develop and learn valuable 'life skills' that can be transferable to all elements of school life and beyond in the wider community. <p>As part of our PE provision at Westgate, we aim to:</p> <ul style="list-style-type: none"> ● Provide our pupils with a broad range of opportunities, both during and outside of the school day, as part of our Physical Education (PE) ● Provide opportunities for our pupils to take part in a range of activities as part of a healthy lifestyle ● Provide pupils with the opportunity to work both independently and collaboratively with their peers as part of a group or team ● Improve health and well-being. ● Provide a broad range of high-quality opportunities and outcomes for all. ● Encourage community involvement. ● Promote active participation and competition at all levels. ● Raise achievement and supporting excellence. 	<p>As part of this planning process, teachers will:</p> <ul style="list-style-type: none"> ● Provide opportunities for children to see the skill, sport ● Use relevant physiological and technical/sport-specific vocabulary – identify and ensure that this is taught and used accurately by both staff and children; ● Use Get Set 4 PE scheme of work, thus ensuring progression and development of skills with each year and across the Key Stages; ● Challenge pupils to strive for their Personal Best; ● Consider the opportunities for trips and visits to sporting events to enhance learning; ● Link the curriculum to the school's values and British Values; ● Identify areas of weakness and seek support from the PE lead or organise CPD. <p>As part of this assessment process, teachers will:</p> <ul style="list-style-type: none"> ● Feedback across phases and to the PE lead on the Get Set 4 PE SoW to inform future delivery; ● Use the key questions for each unit to determine achievements and progress of all children. <p>The lead will:</p> <ul style="list-style-type: none"> ● Support staff with planning and assessment, CPD and training as required. ● Liaise with the Bury Schools Partnership 	<p>Impact is measured by ensuring that children have a positive attitude towards being active. Children leaving the school at the end of Year 6 will have a strong understanding of the importance of physical activity, as well as improved proprioception and physical endurance. They will also understand the importance of the link between physical education and our overall well-being.</p> <p>All children will have:</p> <ul style="list-style-type: none"> ● Experienced a range of physical activities. ● A richer vocabulary which will enable them to articulate their understanding of taught concepts. ● Self-motivation, which will see them maintain activity levels throughout their lives. <p>In addition, we measure the impact of our curriculum through the following methods:</p> <ul style="list-style-type: none"> ● Monitoring and analysis of pupil progress; ● Pupil discussions about their learning; ● Regular reviews of the subject action plan throughout the year to ensure targets are consistently addressed and met. ● Termly moderation meetings, within and across phases to support staff in accurate assessments of both skills and knowledge. ● Termly assessment using Insight and key questions for each unit.

